

CIR/015/18-19

Date: 12-09-2018

Dear Parents,

Please note that the school has arranged for Personal awareness and safety sessions for the students of **Grade 5 to 8 from September 17 to 20, 2018**. The resource persons from Enfold will conduct these session.

Enfold's Life Skills based Sexuality and Personal Safety program is Pre-Kindergarten through Grade 12, school-based prevention and personal safety series. The curriculum contains educationally sound content for children, parents, teachers, non-teaching staff and administrators. This program is holistic, value based, medically-accurate, and is conducted by trained Enfold facilitators.

The program empowers children with tools that are not only protective from abuse, but also help them build their self-esteem and a positive body image. It addresses safety related issues such as bullying and Internet safety.

In these sessions, students are taught to identify the grooming process, "safe" and "unsafe" situations, people and secrets based on clearly defined Personal Body Safety Rules. In higher grades, address issues adolescents face in relationships with peers and adults, such as balance of power, enforcing boundaries and cyber bullying. Each grade level contains five to six lessons and the curriculum delivery enables children to effectively learn these critical strategies, whatever be their preferred learning style.

Looking forward to your support and cooperation,

Best regards,

**For Manipal School**



**Principal**  
**Mrs. Anuradha Shivaram**