



FROM THE PRINCIPAL'S DESK

Dear Parents,

Mrs. Anuradha Shivaram
Principal, Manipal School Greetings to you!

Constant encouragement breeds ambition; constant criticism breeds despair. Constructive criticism is an oxymoron. Don't confuse correction with criticism. Emphasising positive alternatives rather than mistakes shows a child where to go instead of where not to go. The goal is better performance. Collectively, we just must help our children to make their dreams come true.

- Mrs. Anuradha Shivaram
Principal

EDITORIAL TEAM

Mrs. Anuradha Shivaram, Principal

Ms. Asha Rani - Teacher

Ms. Sangeetha Peris - Teacher

Ms. Hemlata Poojary - Teacher

Ms. Mallika Hareesh - Teacher

Aahana Hegde - Student

Naethan Michael Pais - Student

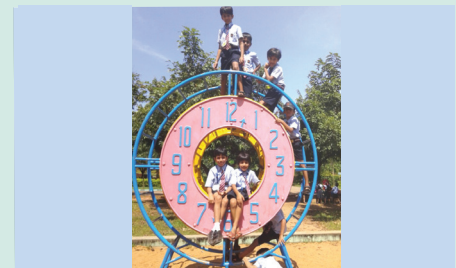
Keara Theresa D Souza - Student

Medha Nethicallu - Student

QUOTE OF THE MONTH - No Matter How Small,
Acknowledge The Achievement.

PROGRAMMES AT SCHOOL FOR STUDENTS

KRISHNA JANMASHTAMI CELEBRATION - The pre-primary students celebrated Krishna Janmashtami on August 31st, 2018. It was a fun day for the little one as they came dressed in colourful clothes. The day began with the story of the birth of Krishna followed by the exciting 'Matki Phod' activity that brought smiles to all the little faces. In their classrooms, students decorated 'matkis' on an activity sheet and made little crowns which they wore with great elan as they headed back home.



BEHTHAR INDIA CAMPAIGN - BEACH CLEANING ACTIVITY -

The 10th Grade students of Manipal School organized an early morning beach clean-up, in September, on the first Sunday of the month. This activity was taken up during the Swachatha Pakhwada under the Behtar India Campaign that the school has enrolled for. So, armed with posters, big collection bags, gloves and large doses of enthusiasm, nearly 50 students and 10 teachers under the leadership of the Principal Mrs. Anuradha Shivaram, set off for Sasihithlu beach in two school buses at 6.30 in the morning.

The students were divided into groups with specific tasks. So, there was the glass group, the non-degradable group, the biodegradable group, a group for entertainment and refreshments and the documentation group. As soon as they reached the beach they split themselves into their respective groups and set off to work. Some had SLR cameras to document the activity, other students had brought along poster paint, brushes and paper to write slogans. These were hung up on trees around the area, asking beachgoers to be mindful of not littering the beach.

Most of the students never imagined they would dredge up so much rubbish from the sand and grassy area near the shore; so, they were surprised when all the large bags they brought, got filled up in record time.

Glass and plastic bottles, plastic bags shredded into strips, numerous plastic cups and disposable cutlery thrown into the undergrowth, rusted metal wires, hundreds of sweet wrappers, broken thermocol, probably brought in from elsewhere on the high tide and many used diapers with their gel stuffing coming out were found close to the water.

Flotsam and jetsam that normally contain organic marine debris was found clumped on the beach but most of it was nylon ropes, broken bottles and other non-biodegradable waste.

Just an hour into the clean-up operation, nearly 15 large bags were full and the students had to stop the activity. Breakfast had been arranged for them at a near-by temple after which the group headed back to the city.

It is believed that there are trillions of tonnes of plastic waste swirling in our oceans and each day, more is being thrown in. This has had a devastating effect on marine ecosystems across the world. Although the activity done by the students of Manipal School (and other schools worldwide) was nothing more than a cosmetic solution to the problem, it was still a big sobering step towards educating them about the global problem of pollution and the effect it has on the environment.

TEACHERS DAY - The Teacher's day celebration was



conducted with great enthusiasm. The morning assembly began with the Guru Vandana recited by a group of students. The teachers were then escorted to the stage by the cabinet members and were presented with cards by the class monitors. The students of Grade 9 sang a medley of songs and Mohit of Grade 7 enthralled everyone with his melodious guitar performance. In the afternoon, the students of Grade 10 put together an entertainment programme for the teachers which had them in

ANNUAL MEDICAL CHECK-UP - The Annual Medical Check-up was conducted in school on September 11th and 12th by the KMC Hospital, Attavar. Like every year, the students went through a complete check up to rule out any health concerns that may go unnoticed.

GANESH CHATHURTHI - A special assembly was conducted by the students of Grade 3, on Ganesh Chaturthi. The programme commenced with a beautiful Ganesh Vandana dance. Students updated the audience with the latest happenings around the world. The program concluded with a skit where in students depicted the story in which Ganesh teaches a lesson of love and humility to Kubera, the god of wealth.

COLOURS DAY - A riot of colours were seen on 'Colours Day'. On this day the kids wore the colours of the rainbow. The kids thoroughly enjoyed bouncing up colourful pompoms on a billowing parachute and a host of other activities.

GRAND PARENTS WEEK - Grandparents week was celebrated from September 17th to 21st, 2018. Various activities were conducted by the grandparents for their grandchildren in the classroom. There was storytelling, art and craft, slogans against no more junk food, musical chairs and poem recitation etc. The students were excited to see their grandparents in school.

ENFOLD PROGRAM - The Enfold programme was conducted for Grades 5 to 10 from September 17th to 20th, 2018. The sessions revolved around topics like puberty and the changes that take place during that phase of life, handling relationships and friendships and different kinds of abuse. The students were given an opportunity to clarify their doubts

regarding the topics. The students were made aware of all kinds of problems they would face if they did not follow the right steps or path and were given advices on how they could handle such situations.

FIELD TRIP TO KADRI PARK - Field trips are a way to enhance classroom learning by making real life connections. As an extension of environmental science concept learnt Grade 1, students went to Kadri Park to learn more about plants. They enjoyed the field trip and learnt about different types of plants, leaves and their structure. They also had fun playing in the park.

STORY TELLING SESSION BY SIMMY - Everyone loves to listen to stories. Stories keep children engaged and let them feel that they are also participating in the process of story telling. Story telling itself is a great way to improve children's oral fluency and help them enjoy the session. Stories are well understood and enjoyed when it's been well expressed and has a musical element added to it.

We, at Manipal School in association with Happy Feet learning centre, had one such lively session on Saturday by 'Simmy' a certified story teller and story coach from The Academy of story telling Kathalaya, Bangalore. Children enjoyed the story of 'Dolu' s Pet' which was narrated to them with creative gestures and facial expressions making the session more interactive and fun.

STUDENTS' CORNER

I like my school because my teachers and aunties are kind and caring. The best thing I like to learn from school is EVS. I also like Math and activities done in class. It is fun to watch learning videos and cartoons in smart board.

- Nayan. J. Kodath, Prep II A

PARENT CORNER

It has been said that, the goal of education is not just to increase the amount of knowledge but to create possibilities for a child to invent and discover, to create men and women who can do new things. Children are exposed to a friendly, safe and open environment to help them blossom into wholesome personalities capable of doing new things. I had enrolled my son in Manipal School in 2010, the year it started and hence have been part of the growth story of the school. My daughter joined Manipal School too, a year ago. I'm happy that both my children started their journeys of discovery at Manipal School where, in addition to the innovative learning approaches in academics, children are also encouraged to explore and excel in their creative sides, in arts, science or sports. It is also commendable that the school encourages maximum parent engagement through detail student portfolios, regular interaction with teachers and non-academic programs and event.

- Shiji Anup, Mother of Anshika Anup,
PREP- II A



WALL OF FAME

1	Sharanya	I	Won first place in folk dance (group), third place in folk dance (Solo), first place in Krishna fancy dress held at Chakrapani Temple, Attavar, Mangalore on September 02, 2018.
2	Vamshi Bekal	I	Won first place in folk dance (group) held at Chakrapani Temple, Attavar, Mangalore on September 02, 2018.
3	D. R. Anagharathna	V	Won second place in Radha Krishna Duet dance competition held at Chakrapani Temple, Attavar, Mangalore on September 02, 2018.
4	D. R. Anagharathna	V	Won first place in Radha Krishna Duet dance competition organized by Kalkura Prathishtana at Kadri Temple on September 02, 2018.
5	Aahana Hegde	X	Won Merit recognition prize in the Interschool Science Talent Contest held on September 09, 2018 organized by Lions Club Lady hill, Mangalore.
6	Prakaamya R Naik	VII	Won School topper prize in the Interschool Science Talent Contest held on September 09, 2018 organized by Lions Club Lady hill, Mangalore.
7	Sumanth Kini and Shan Shaqeeef	IV and III	Won Young Scientist Award in the Innovation Lab Activities in the month of September.

TEACHERS' COLUMN - When we choose a part of becoming a teacher we are dedicating a professional life to helping our most precious resources. Our children grow into responsible competent learners. Teaching one child let alone a whole classroom of young learner as we all know is no simple task. For that one must have personal interest and passion for helping a little one learns and achieves this is one of the most heart-warming benefits of becoming a teacher.

This love and affection that we shower upon the children when they are under our care is very fulfilling and more so when we get the same in return. However, the present generation has a tendency of not acknowledging or recognising those teachers who helped to shape them into responsible adults.

A teacher does not yearn for materialistic articles like gifts etcetera but a mere warm greeting or little affection from the children, makes their job worthwhile.

A teacher spends a great deal of her time in school to help the students even at home her thoughts are constantly lingering over matters regarding the children in her class and how she can make things better for them. She works very hard to shape a better future for all her students. Therefore, it is the responsibility of every child to give all teachers due respect and affection.

-Tr. Sapna Shetty

SKETCHES AND COLOURS



Sketches by Saneeha and Meghna Joan Mathias

Mrs. Anuradha Shivaram
Principal, Manipal School

"Please contact school front desk for any suggestions or feedback or email us at feedback@manipalschool.edu.in"