





Mrs. Anuradha Shivaram Principal, Manipal School

Dear Parents,

Greetings to you!

A warm welcome to the new academic year 2022-23, which I believe will be a year of increased blessings for all of us. As we begin the new academic year, we thank God for the positive change and we wish to let you know that Team Manipal School is committed to collaborating with you to create a better future for our students.

With things slowly falling into place, the new academic year has gathered speed and we now are following the familiar pace of the pre Covid years. Though there is a lot of work to be done in terms of bridging learning gaps andrebuilding the academic rigour the teachers are confident about getting their students back on track.

Communication is critical when building a strong home-school connection. I encourage you to have an open dialogue with the class teachers and subject teachers. Stay updated with the Parent App and Activ App. For school related information we will continue to utilize phone and the student diary. You can also follow us on Facebook and Instagram!

We look forward to the academic year 2022-23 with excitement, confidence, hope and very high expectations for students and staff alike. The Management and staff appreciates your continuous support and looks forward to a successful year ahead.

EDITORIAL COMMITTEE

Anuradha Shivaram Principal
Meghana Vasani Teacher
Sonia Dinesh Teacher
Shibani Trikannad Teacher
Vandana Nayak Teacher
Veena Mallya Teacher
Rakshitha Kishan Admission
Manager

QUOTE OF THE MONTH:

"A problem is something to be solved, an obstacle is something to be overcome."

- Dr. Tonse Madhav Ananth Pai



EVENTS @ SCHOOL:

Inaugural of the Academic Year 2022-23: Manipal School kick started the new academic year 2022-23 on the 23rd and 24th of May 2022. The inaugural programmebegan with the lighting of the lamp by Principal Mrs. Anuradha Shivaram accompanied by the academic coordinators. All the teaching and non-teaching staff members were dressed in the traditional attire of the different states of India to support the school theme of the year 'India, a Land of Wonders.' A wonderful collage representing Indian culture and tradition was made using the pictures brought by the staff members was displayed on the bulletin board in the school lobby.



Teacher Orientation Programme:

A 3-day long Teacher Orientation Programme was conducted on 21st, 23rd and 24th May, 2022. The sessions began with a presentation by the Principal "Year Gone by" to look back at the various academic and co-curricular activities of the previous academic year and the way forward. This was followed by sessions by the HSCP Coordinator Tr. Santosh Devadas and academic coordinators Tr. Santosh Devadas and academic year 2022-23. The orientation programme concluded with microteaching sessions by teachers of all levels where they shared their best practices, ideas and strategies.









Creators' Camp -

Innovation Boot camp: As a great way to wind up students' summer break, the school organised 'Dream Kit Creators Camp', a fun-filled workshop to explore robotics, coding, and problem-solving for interested students of Grades V to IX on 27th and 28th May 2022. It focused on teaching kids to

come up with ideas to solve real-time problems and then use technology to give life to their ideas. The two-daycamp involved various topics like Design Thinking, Ideation, Problem-solving, Robotics, Coding and App building. All of these learnings were activity based for kids to play and collaborate with their teams. Students ideated and created projects such as cloth folders, wallets and other mega DIY projects. In addition to fun activities and creations, they were given free science kits to take home.

AY 2022-23 Reopening Day Special assembly:









School Cabinet Election:

The school cabinet election for the Academic Year 2022-23 was held on 8thJune. A total of 525 students participated in the election process. Student Rishab MG of Grade X C was elected as the School Captain and Mohammed Arsh was elected to the School Vice-Captain post. Nada Mariam Najeeb was selected as the Sports Captain.

Investiture ceremony:

The Investiture Ceremony for the Academic Year 2022-23 was held on 18th June, at Marena Sports Complex, Attavar. The installation of the newly elected school cabinet is a momentous occasion for the school and its students. The chief guest Dr.Dilip.G.Naik, Pro Vice-Chancellor MAHE, Mangalore campus, and the mentor of Manipal School inaugurated the programme by lighting the lamp. He was accompanied by the Principal Mrs. Anuradha Shivaram, the PTA President Mr. Arun Raj Rodrigues, Vice President Mr. SachinKJ and the School Captain RishabhMG. Dr.Dilip.G.Naik then installed the young cabinet members in the office by handing over the badges. The Principal administered the oath to the new office bearers wherein the newly elected leaders pledged to uphold the dignity and honor of the school with their hard work, dedication, and perseverance.





Professional Development Training for Teachers:

Professional development training keeps the teachers updated on new curriculum resources, teaching methodologies and new technological tools for the classroom. Regular training for teachers is important as they improve their skills, thus becoming more proficient at their jobs, expanding their knowledgeand making them experts in their subject areas.

World Environment Day:

Week-long World Environment Day celebrations were observed in School with various activities from 6thto 10th June, 2022. The celebration was inaugurated by the Principal on 6th June, with the preparation of compost pot 'Khamba' by students of Grades VI and VII. Students also took the 'Green Crusader' pledge in the special assembly held that day. While Students of Pre-Primary and Grade I had a nature walk, Grade II and Grade III took part in an activity where they made Superhero masks with areca leaf plates. The objective was to identify an eco-issue in their local community and to consider what skills a superhero would require to solve the issue. Students of grades IV and V made herbal hand wash using neem leaf extract and shikakai under the guidance of their teachers which was later used in school washrooms. Grade IX students made documentary films on 'How to reduce the carbon footprint of our school' which were uploaded on school social media pages to spread awareness. Grade X students had a panel discussion on the topic 'How to reduce the carbon footprint of our school', in which they acted as moderators, panelists, reporters etc. The school has enlisted for the CSR-Green School Programme and the Oceans Matter project by TERI.









Documentary 2: How to reduce the Carbon Footprint of the school?!





International Day for Yoga-2022:

As advised by the Ministry of AYUSH, on the occasion of Azadi KaAmrit Mahotsav, the Eighth International Yoga Day with a variety of activities was observed on 21st June, 2022. The theme for this year was "Yoga for Humanity." Various activities such as a talk on the importance of Yoga in modern life; artwork, poster making and slogan writing relevant to the theme "Yoga for Humanity"; Skit; mass Yoga sessions for students of Grades I-X and a Yoga workshop for mothers were conducted through the week.







15 Books Campaign - Inaugural ceremony:

The 15 Books Campaign, a reading programme of Manipal School for the Academic Year 2022-23 was inaugurated by the Principal on 13th June. The school students and staff participated in the activity, 'Book Tasting'- for which the library was transformed into a cafe-like ambience. Students "tasted or sampled" books from the menu. They moved from one table to the other to sample the books and recorded notes about the ones that interested them in the 'Book Tasting Menu'. The objective of this programme is to engage students in a fun-filled activity while introducing them to a wide array of books. It aims to instill a spirit of reading in students and thus make learning a rewarding experience for them.





Inauguration of Various Clubs:

The club activities for the Academic Year 2022- 23 were inaugurated by the Principal on the 13th June. A few clubs the school offers are Nature Club, Home Science Club, Language Club, Performing and Visual Art Club, Community Service Club and Innovation Club. All these club activities are integrated into the classroom activities. The objective of these clubs is to provide a platform for students to nurture their creativity, develop their communication skills, bring in cultural awareness and take part in nation-building activities.



Little Moments... Big Memories! - Father's Day Contest:

An exciting contest on Instagram was planned for all fathers where a picture of a favourite memory was shared. While Mr. Bharath K and Mr. Mohammed Shawaz won the contest, Mr. Srikant Natarajan and Mr. Abdul Vaheed won consolation prizes.

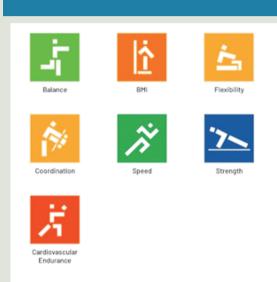


Khelo India Fitness Assessment:

Keeping in mind the health and physical fitness of our future generation, 'Khelo India' term-wise assessments have been initiated for the students of Grades 1-10 during their games period at Marena Sports Complex. Physical Education Teachers are maintaining height and weight records for assessing senior students' Body Mass Index. They are also conducting 600 meters' races, push-ups, partial curl-ups, etc. for checking the endurance of the senior students. Plate taping assessments for junior students ae done to test and improve their eye and hand coordination.

Career Awareness Session:

A Career Awareness Session was organized for the students of Grade VI to IX on July 16, 2022 over Zoom. The session was presented by our alumni who shared about their journey in school, how they chose their career pathways and their experience in current professions. Amana ZulaikaRizwan(pursuing final year medicine in Vydehi Institute of Medical Sciences and Research Centre, Bangalore), Prachi Patel (Bachelor in architecture from Ramaiah Institute of Technology, Bangalore) and TuhinRathnakar (currently pursuing Associateship of the Chartered Insurance Institute) made the session interactive and interesting for the students.





Extended Activities:

After-school extended activity programmes for the interested students commenced on 4th July, 2022 which will continue till the end of the year. Activities like skating, painting, keyboard and guitar, chess, and extended sports like cricket, badminton, and football are all part of this programme. While the sports activities are held at Marena Sports Complex, the other activities are conducted in the school premises by external resource persons.

Kargil Vijay Diwas:

To commemorate the 527 fallen soldiers of the Indian Army who fought bravely in the



60-day long 'Operation Vijay-Kargil War' to recapture the peaks of Kargil, the social studies teachers organized an activity for the students of Grades V to X, where they were instructed to research a topic on which a quiz was conducted later. On 26th July, students watched two videos that aroused patriotic fervor in them, had a discussion on the topic, and answered a quiz conducted by the social studies teachers.

Literary Week:

Literary week 2022-23 was inaugurated on 27th June 2022 by the Principal during the school assembly. The inaugural ceremony was marked by the unveiling of a crossword puzzle that displayed the theme of the literary week - 'Stories of Mangalore'. Various competitions were held for students across Grades Nursery - X. The Pre-primary students had the theme 'Unique stories from our city'. Parents were invited to the class for the story telling session. Students of Grade II narrated stories of famous personalities from Mangalore city using hand puppets & models. It was a pleasure to watch children portray the stories with zeal. Students of Grade III and IV participated in a competition called'Unsung Heroes of My City'. Students had to dress up like their favorite personality and speak a few words about them. Students of Grade V & VI participated in a guiz that focused on guestions based on Mangalore City. Students enjoyed the guiz and were able to get many insights into various aspects of our beautiful city. PPT presentation competition was held for Grades VII and VIII. The topic given was 'The Stories' of Mangalore'. Blog Writing competition was held for Grade IX and X. The topic given was "Blog Writing-Mangalore a city of Folklore". The students had to write a short story (fictional/ non-fictional) that captures the emotion, movement, and culture of where they live (Mangalore). The objective of the event was to empower students to predispose themselves towards writing, speaking and literature in an era where social media dominates, aspiring to ignite this creative spark in the students.





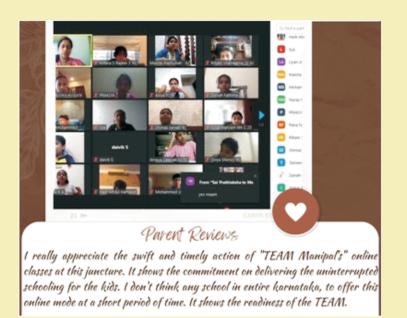






Nukkad Naatak - Vanamahotsava:

A Nukkad Naatak themed 'Save Trees, Protect Environment' was enacted by Grade VIII students on 18 July in the assembly area. This was previously planned on the occasion of Vanamahotsava Day which could not be realized this year due to heavy rains in the district. The performance was enjoyed by junior school students and applauded by middle and high school students.



Online Classes during Rain Holidays:

Team Manipal school has come out with dynamic ways to fix problems and face the uncertainty. Our goal is to provide uninterrupted learning experience for our students and maintain the same standards of education that the parents expect from the school.



Parent Reviews

Indeed great effort and enthusiasm by the school staff and management to make sure our children keep learning and perform well. Good effort. keep it up and congratulations.



Manipal School has achieved 100 percent results in Class X CBSE exams for the eighth year in a row. The students have performed extremely well. Ishitha M Jain was the school topper with 97.8 percent followed by Avani Muniyangala and Neva Rasheed at 96.4 percent. Out of the 91 students who appeared for the board exams this year, 63 have secured a distinction and 21 students have secured a high first class. The management, principal and staff congratulate the students for their excellent performance and thank the parents for their unstinted support.

ACTIVITIES @ PRE-PRIMARY:

First day of School:

We welcomed the little ones to school on 6thJune, 2022 with the theme "We are buzzzyyy learning". While some kids felt nervous or a little scared on the first day of school, others were excited because of all the new things: new teachers, new friends and for some- even a new school.













Rainbow Day celebration:

With the objective to bring out the awareness of colours and their beauty, Pre-primary children celebrated Rainbow Day on 17th June. Students of Prep II enacted a skit "The rain story" appreciating and applauding each other's uniqueness. The main objective of this celebration was to deliver the concept of "Rainbow colours" through hands-on activity, where children made their own rainbow clouds.









Fathers' Day Celebration:

Children celebrated Father's Day with a lot of spirit and enthusiasm on 24th June. The entire Pre-primary space including the school front office was decorated with beautiful greeting cards which expressed warmth, love and respect to their dear fathers. Children of Prep II expressed their love with a song and dance in the special assembly. They also made wall -hangings for their best friend, their hero'Their Father'.



National Doctor's Day:

1st July belongs to the heroes of India for all their tireless hard work, determination and dedication. The little Manipalites of the Pre-primary expressed their gratitude with handmade greeting cards. Students of Prep2 dressed like doctors and presented a special performance in the assembly. The highlight of the celebration was a role play, where a child enacted like a doctor examining the patient and giving first aid. A session on 'Oral hygiene and Dental Care' was presented by Dr AnupamaNayak, a Paedodontist. Students thoroughly enjoyed this informative session.





Green Day Celebration:

Think of nature and see green in all its glory expressing renewal, life and energy. Inorder to teach our children about the uses of colours in their immediate environment and to help them develop an understanding of green color in many forms, Green day was celebrated on 22nd July 2022, in the Pre-primary. Children dressed in green, tiptoed on the green song with great zeal. Identification and recognition of green vegetables, leaves, trees and various other green objects with art and craft activities was the major part of this special day.





Puddle Jumping activity:

On 26th July, when the weather was just pleasant with a little drizzle children of Prep II decided to learn with a fun sight word game - Puddle jumping. Such type of activity combines literacy skills with gross motor activity. Children thoroughly enjoyed the weather and the learning.





ACTIVITIES @ JUNIOR SCHOOL:

Anti-Child Labour Day:

In the special assembly held on 9th June, students of Grade IV presented two situations to highlight the plight of children who are working instead of going to school. They raised slogans like: 'A child is meant to learn, not to earn', 'Education is our right, stopping child labour is our fight' and 'Child labour ruins childhood'. Tr. Deepa Vinod remarked on the importance of celebrating Anti-Child Labour Day. She stressed the importance of taking the pledge to eradicate child labour from the world by reporting it and holding hands of every child left behind.

Activity Based Learning:

"Activity leads to productivity"- Jim Rohn.

An activity-based learning approach encourages students to be analytical, think critically and learn from their own experiences. Students of Grade III did an interesting activity during their science class to recapitulate the lesson "Living and Non-Living Things". Students were able to complete the activity independently with zeal.









Subject Enrichment Activity:

Creativity is a natural extension of our enthusiasm- Earl Nightingale.

As a part of subject enrichment activity for a lesson in Hindi called 'AnootaUpahar', students of Grade IV participated in an envelope making activity. This activity unfurled the creativity of our budding artists where they made amazing paper envelopes to send gifts to their near and dear ones using this piece of handicraft.





World youth skills day assembly:

Morning assembly undoubtedly holds the numero Uno position out of all the routine activities in a school. It hones the skills of children and provides a platform to the young minds, boosting their confidence towards public speaking and imbibing a feeling of team spirit in their minds. Keeping up with the same, the students of Grade III conducted their class assembly on 14th July, 2022. The topic of the assembly was "World Youth Skills day". The assembly highlighted the necessity of equipping young people with skills for job and entrepreneurship.





ACTIVITIES @ MIDDLE SCHOOL:

Math Lab Activity:

Math Lab helps students to build interest in learning the subject. It enables them to experiment and explore patterns and ideas with a lot of activities like games, puzzlesand other teaching and learning material. Students of Grade VII were able to represent integers on a number line, and compare and order integers. They made an Integer box and discussed their ideas on how to fit them on a number line. They also applied procedures for comparing and ordering Integers using Integer boxes. Students also gainedcomputational fluency and flexibility with numbers extending to comparison of integers.

Subject Integration:

An integrated curriculum focuses on making connections for students, allowing them to engage in relevant, meaningful activities that can be connected to real life. Students of Grade V engaged in a group activity to identify the difference between Latitudes and Longitudes in their Social Science class. Using areca palm plates, two coloured woolen threads and coloured paper, the students prepared a model of the globe depicting the important lines of Latitude and Longitude. Students did this activity enthusiastically and displayed the model in their classrooms.









Subject Enrichment activity:

Stone tools and other artifacts offer evidence about how early humans made things, how they lived, interacted with their surroundings and evolved over time. As a part of Social Science Subject Enrichment Activity, students of Grade VI were involved in an activity where they showed their creativity in designing various models of tools used by the early humans using various craft materials.







Experiential Learning:

"There can be no life without soil and no soil without life; they have evolved together"- Charles E. Kellogg.

Experiential Learning activities help students to apply the knowledge gained during their class. Students of Grade 7 were involved in a handson activity in their Science class, where they collected different types of soil to identify the different layers and analyze their properties such as texture, moisture content and water-retaining capacity. This activity was very much appreciated by the students as they were exposed to the real environment in this learning process.

ACTIVITIES @ HIGH SCHOOL:

Student Orientation Programme: SOP was conducted for students of Grade X on 9th June where academic coordinator Mrs. Srilatha Alva briefed the team's expectations with respect to preparation, presentation and submission for the board exam. Our expert Dr. Shruthi Chauhan interacted with students and briefed her role in the school. She also spoke about how she could guide them with academic as well as other concerns and help them make the decisions for the next grade level.







Toy Integration Activity:

Toy-based pedagogy is entirely based on activities, games and the making of toys by children to develop their creativity and critical thinking. In this, after listening to the lesson explanation, children make toys out of clay, paper or any other material and demonstrate the story or the lesson. When they bring these indigenous toys to the class, they can speak about the toy's character or its feelings in the story. They can write their experience of making them and read what they have written to the class. Students of Grade IX summarized the lesson 'The Little Girl 'with the help of small toys and stick puppets created by them. They collaborated in groups of seven to present the story in an interesting manner.



"Camp Inspire" workshop by IIT:

Eleven students across Grades VIII to X attended the "Camp Inspire" a 3- day workshop organised by IIT Gandhinagar, from 3rd to 5th June. It aimed at bringing together some incredible individuals who took unique paths and chose to follow their passions despite obstacles. Various eminent personalities from diverse fields like Environment science, Archaeology, Music, Space technology, Sports etc. shared their inspiring stories with the students. The Camp concluded with a workshop on the art of film-making as a part of which students entered a film-making contest. The Camp Inspire was a delightful educational experience for the students



Sports Integration with Physics:

As a part of the sports integration activity, the students of Grade IX measured the boundaries of the Manipal School basketball court and ran around it to calculate the distance, displacement, speed, velocity, and average speed. They gained first-hand experience in solving numerical problems related to the above concepts in Physics.









Lab Activity:

In Science class, the lab is central. During the lab activities students learn to practice the activities of scientists like performing procedures, collecting and analyzing data, answering questions, and thinking of new questions to explore. In pictures below, Students of Grade X during the Physics Lab Activity. Objective - To identify the nature of the image formed by a concave mirror.





Subject Enrichment Activity:

A debate was organized and conducted by Social Studies teachers for the students of Grade VIII on the topic 'Protective discrimination to reduce social discrimination'on July 19, 2022. The objective of the activity was to enable the students to appreciate the efforts made by the constitution framers to give an opportunity to the people who were denied of it, and the grading rubrics of this activity were data collection, data interpretation, application of the topic, and presentation.



Career Guidance programme:

Career Counseling session for students of Grade X was held on 25th of July. Mrs. Sunitha Furtado, a well-known Chartered Accountant and a partner in one of the leading firms in Mangalore presented to students the various career options in the field of Commerce.



MEA: Manipal Excellence Awards

was held on 18th June to celebrate the success of students' excellence in academics of Grade VIII and IX AY 2021-22. The objective of MEA is to reward students for their extraordinary performances in academics. These awards were considered based on students' performance in Term II offline exams. The annual awards were given in various categories like super achievers, star achievers, super scientist and math masters based on predefined criteria and rubrics. The Principal Mrs. Anuradha Shivaram handed over the certificates to awardees and congratulated them.

TEACHERS' COLUMN Mobile Phone - A useful gadget!!

When we think of mobile technology we usually think of processors, apps, and gadgets. When the mobile was first introduced, it used to be basically for SMS, calls and games. But it has presently transformed into a digital world that has made life and business much easier.

Mobile technology started as a remarkable achievement in the world of technology but now, it is transforming into user comfort technology due to its present diverse functionality.

Mobile technology has changed the way we do business for the better. Many business firms use mobile technology to increase their earnings through providing customers with ease to patronize their product through apps and websites. The Internet is one of the biggest blessings to man and thanks to the mobile phones that make it possible. Never have we been able to share so much with friends and family than we can today, and that is in great part due to mobile technology.

Without mobile devices and the technology behind them, participation in social networking would never have grown as much as it has. Sharing seemingly trivial information like where we are, what we are doing, significantly impacts our relationships with friends and loved ones. Mobile technology is enriching our lives. It is making communication possible for those who live in a void. It is bringing the world closer together — a truly amazing situation.

-Tr. Sonia Dinesh Junior School

पुस्तक

"पुस्तको का जीवन में वही महत्व है जो महत्व सूर्य का पृथ्वी के लिए है" पुस्तके हमारे जीवन में एक माहत्वपूर्ण भूमिका निभाती है । जब हम एक किताव खोलते है, तो हम एक नई दुनिया खोलते हैं । कितावों के माध्यम से हम से हम जीवन में अलग-अलग तरह की जानकारी प्रास करते हैं । छात्रअच्छे पुस्तक पढ़ने से नई जानकारी, नए विचार, नए शब्दावली प्रास कर सकते हैं । कितावों केमाध्यम से छात्र अधिक ताक्रिक और बुध्दिमान बनते हैं । इसलिए पुस्तकें हमारे सबसे अच्छे मित्र होते हैं ।

-Tr. KanchanaSalian
Junior school

I came across this article a year ago and thought to pen down the same. Well, what is an electric friend?

A teacher once asked her students "Whom did they love the most"? So, the teacher expected answers like parents, grandparents, siblings, teacher or friends but the teacher was surprised to hear one of them say it was a "Mobile Phone."

She repeated the same question again thinking it was some kind of a joke, but got the same answer yet again.

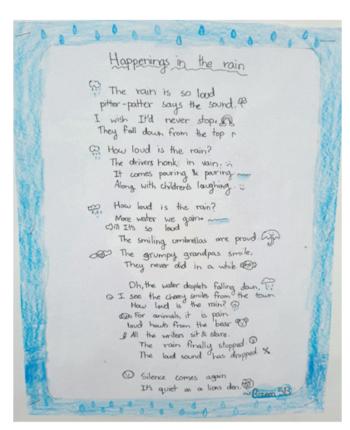
When she asked the student what the reason was, he said "My phone consoles me when I cry, it sings for me when I am sad, it brings food for me when I am hungry and he went on and on as to how a phone turned into an Aladdin's lamp for him.

The teacher was taken back by the child's reply, she contacted the parents and asked them the reason for his addiction. The parent replied "I would often turn on the phone to stop him crying, whenever I was busy the phone engaged him, whenever he refused to eat, I would hand him the phone. That's why he is attached to the phone."

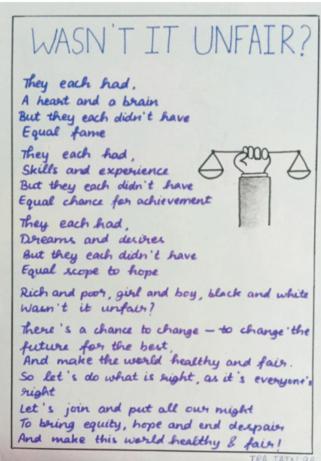
Parent play a very massive role in the life of a child. Their upbringing is all seen in a child's attitude. Electronic devices are both a friend and foe. It is we who have to use it wisely and let our children do the same. Every child needs personal attention which is now somehow denied because of our personal commitments. Let us all try to give our children a healthy atmosphere and great learning.

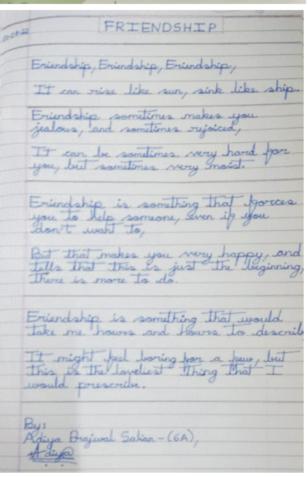
-Mrs. Hiba Fazil Parent of Fathimalzna, Grade III A PARENT'S LALK
An Electric Friend

STUDENTS' CORNER:











PreethiKanwar Rao IInd - Hindi Elocution (Senior)



Saanvi, Joy Kevin, AsiyaBeevi, RitwikRastogi & Thanmya IIIrd - Improvisation (Junior)



Team Manipal school - Runner up - Overall Champions



MANIPAL SCHOOL CAMPAIGN TO ELIMINATE CLASSROOM HUNGER

Manipal school received the certificate of appreciation by Akshaya Patra foundation for driving a crowdfunding campaign where students of Grades IX and X of the academic year 2021-22, raised funds through Nurture dreams, to support government school children through the Mid-Day Meal Programme.

TOP FOUR FUNDRAISERS OF THE CAMPAIGN











A unit of Academy of General Education