







Mrs. Anuradha Shivaram Principal, Manipal School

FROM THE PRINCIPAL'S DESK

Dear Parents, Greetings to you!

We are into July, the second month of the academic year. On most mornings we wake up to dark skies filled with rain clouds and have to get ready for the rain filled days. But our days at school are anything but bleak and dreary. They are filled with work to be done, experiments to be conducted, activities and fun. We've have had to close school on some days, when we've had incessant rain. Nevertheless, we have managed to conduct all academic and co-scholastic programmes as per schedule. The Periodic Test I has been announced and we have started preparing the children to answer it in a stress free environment. We are confident that our learners will perform to the best of their potential in the upcoming tests.

- Mrs. Anuradha Shivaram Principal

EDITORIAL COMMITTEE 2018-19

Anuradha Shivaram, Principal Asha Rani - Teacher Sangeetha Peris - Teacher Hemlata Poojary - Teacher Mallika Hareesh - Teacher Aahana Hegde - Student Naethan Michael Pais - Student Keara Theresa D Souza - Student Medha Nethicallu - Student **QUOTE OF THE MONTH -** Children are the future as inevitably as future is change.

The difference between being taught to conform to the confines of society and being taught to change society for the better within its confines is values.

PROGRAMMES AT SCHOOL FOR STUDENTS

MUSIC WEEK - Music week was a special program that sought to enhance students' musical knowledge. Students played various instruments and performed for the interested audience. The famous song 'Good, bad an ugly' was played to commemorate the song's anniversary.

TALENT'S DAY ' SARGAM' - Sargam Talent's Day was held on the 6th and 7th of July. Various competitions were conducted for students of all the Grades. Some of the competitions conducted were comedy skit, Turn Coat, Bollywood Retro Dance, etc. The students got an opportunity to exhibit their talents in various literary and art forms.

CARTOON DAY - Cartoons are the essential part of every childhood, so Cartoon day was celebrated on 5th of July for pre-primary. The students block colored the iconic images of Tom and Jerry, Tweety and the Minions. The cartoon day was a day full of positive messages and one to rejoice with the special performance of 'Puppet show'. The facilitators staged the story of an elephant along with other animals of the jungle giving a message, 'A friend in need is a friend indeed'.

VANAMAHOTSAVA - Scouts and Guides planted saplings of Ashoka trees in the school campus as part of Vanamohotsava. Ira Jain compered the programme and Mrijana gave the message on the importance of planting more trees.

CAREER GUIDANCE PROGRAMME - A career guidance session was held on July 10 for students Grade 10. Commodore V R Nathan spoke about a career in Merchant Navy. He charted the route for the students who wanted to take up a job in merchant navy. He gave them an insight into the pros and cons of the job. He concluded with the advice that students should choose a career path that they would love.

LIBRARY PROGRAMME - 'WOMEN FREEDOM FIGHTERS' - The Manipal School library will have a month long celebration on the role of 'Women Freedom Fighters' in the struggle for Independence. The students' summer holiday homework has been displayed in the library. The librarian has collection of articles on women freedom fighters. There are books to be read and lot of activities planned in the library around this celebration. A guest speaker will speak to the students.

PARENT TEACHER ASSOCIATION MEETING - The First meeting of the Parent Teacher Association was held on July 19th, 2018. Mr. Arun Raj Rodrigues, the PTA president welcomed the gathering. The co-ordinators made a presentation on value add programmes in the School. The Health, Safety and Child Protection Co-ordinator updated the parents on the revised minimum standards of safety in the School.

PROFESSIONAL DEVELOPMENT FOR TEACHERS - As part of



professional development for teachers a training program on Questioning and Feedback was held on July 21st, 2018. Mrs. Mamatha Rao, Regional Lead Academics, Pearson Schools conducted the training. In the daylong session helped teachers learn the different techniques of questioning and giving feedback to students.

FIELD TRIP - To develop an early awareness of their own culture and that of others, teachers of Prep I and Prep II decided to take the students on a field trip to places of worship in Mangalore city. They visited the iconic Mangaladevi temple, Milagres Church and Zeenath Baksh Jumma Masjid. This visit will inculcate due regards and respect towards all religions.

BEHTAR INDIA CAMPAIGN YEAR 2 - The Behtar India Campaign is a three stage programme spanning over a period of six months. The students of Grade 10 will be part of this campaign. Recycling of newspapers and e-waste under Behtar Vatavaran is an endeavor to help the community inculcate the habit and initiate behavior change. Recycling leads to saving of trees, oil, water, electricity, reduces production of air pollutants and also saves landfill space. Recycling under the Behtar India platform has an added benefit – it enables under-privileged children to get free Dengue Protection Kits. The school has collected 802 kgs of paper for recycling. The students also took a pledge on recycling.

EDUCATIONAL AND CULTURAL TRIP TO JAPAN - Wanderlust is a German noun that means 'a strong desire to travel'. And it was precisely this wanderlust that took 10 children and their principal out of their comfort zone and to a country that is near, yet so far. They got to experience a culture that is very ancient but a place that is always at the forefront of cutting-edge technology. And most important, they got a chance to see where they stood as students in the larger scheme of life.

On the 21st April, 10 students of Manipal School, along with the Principal Mrs Anuradha Shivaram, travelled to Japan on a field trip. The purpose of the trip was to mainly give the children a cultural exposure but it was also to see if it would be feasible to study in the country. The trip, organized by itravel2 Japan, first took them to Nagasaki.

There, the children visited the Chinzei Gakuin High School. They attended a Kendo workshop, an origami class, where they learned to make the famous 'peace cranes' and even took part in a Tea Ceremony. "If we were to compare Indian and Japanese students, I think our children are a lot more knowledgeable but where the Japanese overtake us is in the level of commitment and focus they give to any task given to them" observed Mrs. Shivaram.

They visited the Nagasaki Prefectural Assembly and even met up with Mr. Hidenori Tashiro - the Director General of International Policy. This visit was covered by the local Japanese media. The group was doubly lucky to meet the Consul General of India - Mr. T Armstrong Changsan.

The group visited the ancient and ornate Dazaifu Tenmangu Shrine, dedicated to the god of literature and calligraphy. This was followed by a visit to the Nagasaki Peace Museum, where many photos and relics of the deadly bombing are still preserved.

One interesting collaboration the principal was eager to check out was the Nagasaki Wesleyan University as it has already got a 50% scholarship programme going for all students of Manipal School if they choose to study in Japan for their undergraduation and post graduation.

The University has said it would arrange for students to work 28 hours/week so they can fund their studies.

While Nagasaki was the 'serious' part of the trip, Osaka was all fun. The group got to do a fair bit of shopping and food tasting. They experienced a bullet train ride to Kyoto, visited the Nishiki market for local produce, visited Universal Studios and managed to squeeze in a trip to Huiz Ten Bosch (translated as The house in the Woods), a theme park that replicates the Netherlands by displaying life size copies of old Dutch buildings.

The group came back to Mangalore on the 1st of May-travel sore but raring to begin the next trip!

STUDENTS' CORNER

BEAT PLASTIC POLLUTION PLEDGE -

I pledge that I will work towards a plastic-free environment
From cellophane to plastic bags
To dolls and printed tags
I promise to reuse, reduce and recycle
I will cut back on plastic bottles and straws
Single-use plastics have less profits than flaws
The world can do this, one step at a time
To end pollution and save this planet of mine
-Aahana Hegde and Naethan Pais

WALL OF FAME - International English Olympiad exam was conducted in the month of February. Aahana Hedge of Grade X secured 1st Rank in Zonal level and 8th Rank in the International level. She was awarded a Gold medal, Certificate of Excellence and a cheque of Rs. 5000/-. Anvitha K Uchila of Grade VI secured 7th Rank in Zonal Level and 24th Rank in International Level. Ishan Kumar of Grade VI secured 13th Rank in the Zonal Level and 219th Rank in the International Level. They were awarded Certificates of Excellence.

SKETCHES AND COLOURS

GOND PAINTING - Gond painting are a form of painting from









TEACHERS' COLUMN

WORLD MATURE CONSERVATION DAY - Celebrated on July 28 each year, World Nature Conservation Day recognizes that a healthy environment is the foundation for a stable and productive society and to ensure the well – being of present and future generations, we all must protest, conserve, and sustainably manage our natural resources.

folk and tribal art that is practiced by one of the largest tribes

in India with whom it shares its name. Gond comes from the

Dravidian expression, Gond which means 'The Green

SOME TIPS -

Mountain'.

- Help out with conservation activities in your local area.
- Use resources like papers wisely. Think before you print.
- Use water and energy wisely.
- Recycle your left over food by feeding it that is poultry.
- Recycle your left over food by making garden fertilizers.
- Try to avoid using plastic bags when shaping.
- Be a responsible tourist by practicing eco-tourism.
- Avoid littering.
- Take the time to appreciate nature by going for walks in picnics.
- Learn about endangered animals and what you can do about this.

On this day, let us make a conscious effort to contribute to the local, national, and global efforts in conserving nature and the benefits they provide for the present and future generations.

SPORTS CORNER - 'Sports do not build character. They reveal it.' Keeping in mind the importance of games and sports in the children's life the school has given an opportunity to the students to play in the open ground. The students from grade 5-10 go to Marena Sports Complex twice a week.

They are being trained for football, cricket, basketball and badminton.

Mrs. Anuradha Shivaram

Principal, Manipal School

"Please contact school front desk for any suggestions or feedback or email us at **feedback@manipalschool.edu.in"**