



**MANIPAL**  
**SCHOOL**

A unit of Academy of General Education

# SCHOOL Connect June-September 2020 -21



**Mrs. Anuradha Shivaram**  
Principal, Manipal School

From the Principal's desk

Dear Parents,  
Greetings to you!

First, let me thank you for your support and understanding as we, as a nation and community responded to the unexpected invasion of COVID-19 in March 2020.

I am very proud of the way our Manipalites, students, parents and teachers handled the demands we were faced with to protect everyone as we continued to educate.

Our constant endeavour is to nurture and inspire our learners by providing them with an environment that is child centric and conducive to learning. We are dedicated to creating an atmosphere of close cooperation between teachers and students. This enables the pursuit of excellence across all fields.

We hope that this endeavour is a fruitful one. As always we look forward to your support and cooperation.

**Mrs. Anuradha Shivaram**

## EDITORIAL COMMITTEE

Anuradha Shivaram - Principal  
Laveena Barboza - Teacher  
Hiba Baksh - Teacher  
Shibani Trikannad - Teacher  
Reshna Sudeep - Teacher  
Veena Mallya- Teacher  
Rakshitha Kishan - Admission Manager

## QUOTE OF THE MONTH

"It is during our darkest moments that we must focus to see the light."

-Aristotle

## PROGRAMMES AND ACTIVITIES AT SCHOOL FOR STUDENTS

### ONLINE TEACHER ORIENTATION PROGRAMME -

The Teacher Orientation Programme at the beginning of the new academic year is an exciting event but this time it was different. As the COVID-19 pandemic runs its course, the government had put restrictions on the number of people who could gather at a place so it was just few of the teachers and other staff who came to school on the 18<sup>th</sup> of May while others logged in to the online teacher orientation programme. The programme began with the symbolic lighting of lamp to eliminate the darkness and uncertainty of the situation around us. Teachers at various levels participated in the 2-week long orientation programme which included sessions on Post Covid school reopening - safety measures, best practices in school that will be continued in AY 2020-21, Blooms Taxonomy, Implication of multiple intelligence in classroom and Zoom app training. The sessions were conducted by Principal Mrs. Anuradha Shivaram, HSCP Coordinator Mr. Santhosh Devdas, High school coordinator Mrs. Srilatha Alva, Junior school coordinator Mrs. Deepa Vinod, Pre-primary school coordinator Mrs. Sapna Shetty and the computer teacher Mrs Bhavya Naveen. Teachers also attended a session on Active Learning by the resource person Ms. Aarti C Rajarathnam.

### Parent Feedback

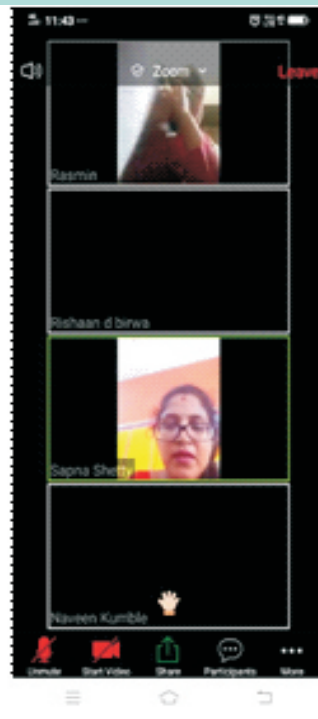
Message of appreciation to manipal school team. the principal, Management, teachers, staff and special mention to the technical staff who managed the zoom communication without any problem... keep up the good work. Happy to be part of manipal school



## LAUNCH OF DISTANCE LEARNING PROGRAMME

Lockdown changed the perspective of schools. With schools closed for months, e-learning came to the forefront, across the world. The school and teachers had to leave behind the traditional way of teaching and adapt technology to deliver lessons. Adapting to e-learning was a huge challenge for school as well as teachers. The training sessions held during the Teacher Orientation Programme was of great help for our teachers. Over the weeks that followed sessions on Tech talks were conducted by the teachers for the teachers on topics such as Augmented reality, conversion of files, various apps and tools that can be used in synchronous classes to engage students. Subject specific trainings for Math and Science teachers were also conducted on Prodigy, Yardstick and Mind Spark. Assessment training session which included evaluating students in different ways and creating question papers was conducted by Pearson. Personality Development Training for all English teachers was also conducted by Pearson.

Principal, Mrs. Anuradha Shivaram held a meeting to discuss on the NEP. She briefed on what is expected in the policy and how the teachers have to adapt themselves for better teaching - learning process. She stressed that C.B.S.E trainings for teachers are mandatory and our teachers must update their knowledge by attending various training sessions and webinars to improve themselves so that they provide a better learning experience for students in the Distance Learning Programme.



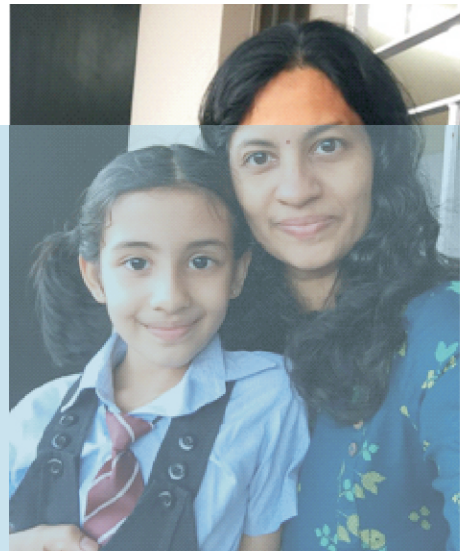
## ONLINE PARENT ORIENTATION PROGRAMME

Just like the Teacher Orientation Programme this year, the Parent Orientation Programme was also conducted on the digital platform on the 30<sup>th</sup> of May. The parents were briefed on the previous year's academic performance. Teachers highlighted on the new programmes introduced for the academic year 2020-21 which included the launch of Distance Learning Programme.

# HEALTH & SAFETY AT SCHOOL

- Health & safety of each employee/student is of utmost importance for any organisation. Every year HSCP meetings are held before the academic year. This year, HSCP committee led by Mr. Santhosh Kumar and school nurse Mrs. Divyaheld awareness sessions for the teachers, administration staff and also the auxiliary staff to guide about Covid-19 protocols & take necessary precautions to be safe. Regular monitoring of the temperature, wearing masks, carrying sanitizer and maintaining social distance is made mandatory for all employees and anyone visiting the school premises.

Virtual health & safety tips are also shared in the school portal Neverskip by HSCP committee. Physical wellness sessions are regularly conducted for the students virtually by Yoga Teacher Mrs. Vasudha & Physical Education teachers. With reference to the circular received from Ministry of Health & Family Welfare Directorate General of Health Services, our school has laid down guidelines for reopening of school for Grade 9 and Grade 10 students on voluntary basis on 26<sup>th</sup> October, 2020 considering the best interest of children and overall public health.



**MOTHER'S DAY** - While every day is special with a mother in one's life, Mother's day is one such day where children celebrate it gleefully for their Mothers. It was celebrated on the 10<sup>th</sup> of May, amidst Lockdown due to Covid-19. With schools and workplaces shut, mothers got to teaching their children not only household chores but also played the role of teachers assisting the children in the online tutorials. The school conducted "Selfie with your MOM in your school uniform" an online Photo contest for the students and their mothers. Over 55 entries were received and the first 50 participants made it to the Facebook page of the school. Children had to describe the caption "My mom, my first teacher" expressing their love and gratitude to their mother.



# WORLD ENVIRONMENT DAY



- The theme for this year's World Environment Day was "Biodiversity". The school conducted an online contest "Think Green Challenge" a family project to celebrate this day which was on the 5<sup>th</sup> of June. 45 students took part in this contest. Students were given options to choose from creating a poster, trash-to-treasure craft, feed/adopt a stray animal, care for your garden or to create a bird habitat in their home garden to mark the World Environment Day. Let us all try to do our bit to nurture and take care of our planet Earth and make this place better for everyone around us.





## INVESTITURE ONLINE MEETING

School election is an opportunity for learning through practice. Being part of the school cabinet gives students an insight into decision-making, develops their leadership skills in addition to being challenging and fun. Manipal School conducts free and fair elections to form the school cabinet every year. This year, due to school closures the students have voted online using google forms on 12<sup>th</sup> June, 2020. All the students from Grade 5 to 10 were given an opportunity to cast their vote. The Pre-Investiture meeting was held on June 20, 2020 at 9.30.a.m. There were sixty-four participants including cabinet members, high school teachers and class representatives from Grade V to Grade X. Tr. Reshma hosted the meeting, welcomed newly elected cabinet members and addressed the meeting. Principal Mrs. Anuradha Shivaram in her address, spoke on leadership qualities. She said that the opposition has a very important role to play in a democracy and was glad the school cabinet has one. She also stressed on the need of hard work, dedication and perseverance and wished all the cabinet members the best for the forthcoming year.

## CANDIDATES CONTESTED FOR THE POST OF SCHOOL CAPTAIN



**Rakshith Bediguthu**  
Grade : XA



**Monith CM**  
Grade : XB

## INTERNATIONAL YOGA DAY



-The theme this year for the International Day of Yoga which was on the 21<sup>st</sup> of June was “Yoga at Home and Yoga with Family.” As the current pandemic situation runs its course, this day mainly aimed at highlighting the stress relieving and health building aspects of Yoga. At School, the Yoga teacher Mrs. Vasudha organised a 20-minute yoga session for all staff in different batches, following the social distancing norms. The day began with Principal Mrs. AnuradhaShivaram lighting the lamp in the presence of Yoga Teacher and academic coordinators of various levels. The session highlighted a simple daily routine of Yoga and Pranayama that can be followed at home by everyone. It began with warm up, stretching asanas, followed by Sun Salutation (Suryanamaskar), breathing exercise and Kapalbhati Pranayama. The main aim was to encourage everyone to practice yoga daily along with their family members at home, as daily practice of yoga is helpful in enhancing physical and mental wellbeing.

## VIRTUAL VARUNA MEET / VANAMAHOTSAVA

Bharath Scouts and Guides, Mangalore South in association with Manipal school hosted a Virtual Meet “Varuna” on the 28th of June, 2020. Around 30 members of the association including students and teachers of various schools participated in the meeting. District Vice President (Bharath scouts & Guides), President of Mangalore Local Association Mr. Vasanth Rao was also present for the meeting. Our students presented their talents in various fields in the virtual meet. Ira Jain of Grade VII B presented a power-point presentation related to the subject “Varuna”. Samanya of Grade VI C demonstrated a physical fitness activity. Sinchanaof Grade V A exhibited her artwork. A dance fitting to the theme of monsoon was presented by Nihaliof Grade VII B while Rishabh of Grade VIII B performed a monoact. As a part of Vanamahotsava celebrations, Scouts and Guides of our school andthe teachers planted saplings in their home garden on the 7th of July, 2020



## LECTURE DELIVERY ACTIVITY

Speaking is one of the important skills in languages. In a flipped classroom, students engage with lectures or other materials outside the classroom to prepare for an active learning experience. One such enriching activity was conducted for high school students on the 4<sup>th</sup> of July. Students were given choice to choose a topic on which they had to deliver two minutes' lecture independently. The recorded videos were shared with their teachers. The speakers spoke clearly where they varied speech rate, volume and pitch to stress on important points while including their sense of humour. These videos were shared in the class groups for all the students to view, which enriched their speaking skills and motivated them to actively participate in such activities.



## Grade 7 – Comic Strip

Make a comic strip based on the theme



## LITERARY EVENT

Literary Event for students of grade I to X was held on July 2nd 2020. The theme for this year's literary event was "Biodiversity- Time for nature". Students across various grades exhibited their creativity through various literary works like Word grid, Animaker, Rebus story, Comic story, weava story all based on the theme - Biodiversity.

## Grade 5 – Rebus Story

Write a rebus story based on the theme

**DODO - The**

Once, a short ago, there lived DODO, the . He had 8 , claws and a long tail. He lives in the .. Its very out there. He hides from the under a . Some he preys on . DODO can eat only 1 . He uses the tail to sting. So stay away from him....



Title: The busy buzzing bee

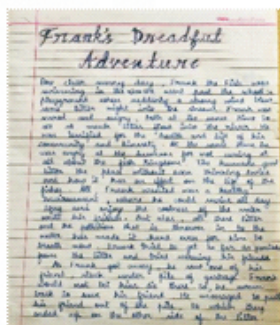
The busy buzzing bee  
My summer vacations had started so me and my planned to go for . Everyone were very excited and my had started packing the things which we would require for such as a , a , some , some etc.. As usual, we went by a and just as we reached the site my took me for a walk. As we were I saw a on a that was making . Beside that there was another where I saw a bee dancing, but unlike the it was in color. I was confused and that's when my told me about biodiversity. He told me that there are over 20,000 species of bees and most of them don't dance or make .

## Grade 9 & 10 – Weaving Magic

Weave a story using given cue words

EVERY DROP COUNTS... AND JUST AS SO  
EVERY LIFE COUNTS

The first time I saw the sea was when I was in my first year of school. It was a beautiful sight, with the waves crashing against the rocks. I had heard so much about the sea, but it was not until that day that I truly understood its power. The sea is a vast, mysterious world, full of life and wonder. It has the ability to heal, to comfort, and to inspire. I have spent many hours by the water, watching the sun set over the horizon and the stars appear in the night sky. The sea is a source of endless joy and peace. It is a place where I can escape all my worries and simply be. The sea is a gift from nature, and I am grateful for every drop of it.



## Grade 3 – Animaker

Design your own animal combining characteristics of 3-4 different animals





# ACTIVITIES @ NURSERY



- Nursery children with a great support from their parents are engrossed in their daily activities such as beading, doodling, zipping, buttoning, clay play which improves their gross and fine motor skills that helps to prepare them for writing.



## STAR OF THE WEEK



Star of the Week is a reward mechanism we use to build our students' self-confidence. A student is designated as 'Star of the Week'. Usually we have the student's parents visit the school during that week to interact with the class. We missed our Parents visit this time. Apart from creating healthy self-esteem, this activity also facilitates a strong home-school partnership.

## PHOTO FRAME ACTIVITY @ PREPRIMARY

- "Family is not an important thing. It's everything". Children of Prep1 had an interesting activity of making a Family photo frame on the 24<sup>th</sup> of July. Parents have been so enthusiastic and supportive to make the frames along with their little ones. The activity was a great opportunity for the children to build special bonding with the family members.



CBSE

Affiliation No  
830495

## Congratulations

We are proud of our students !

**100%** results in Grade 'X' CBSE examination  
for the 6<sup>th</sup> consecutive year

43 Distinctions and 21 First classes

### Top Performers



### Subject Toppers



- Our school has achieved 100% results in Class X CBSE exams for the sixth year in a row. The students have performed extremely well. Akshaya N is the school topper with 95.6% followed by Rachana R Kamath at 94.8%. Out of the 68 students who appeared for the board exams this year, over 43 students have secured a distinction and 21, a high first-class.

## STEM AT HOME

### STEM AT HOME

Grade- 1  
School- Manipal School, Mangalore

Topic- Clay making  
Duration- 40mins

Description- The aim of the activity is to make clay using simple and easy available material at home like corn flour, sand, food colour, soapy water, spoon and bowl.

Learning Outcomes-

- What is clay
- Process of making clay
- Role of material used in making clay
- Making of innovative objects using clay

### STEM AT HOME

Grade- 9  
School- Manipal School, Mangalore

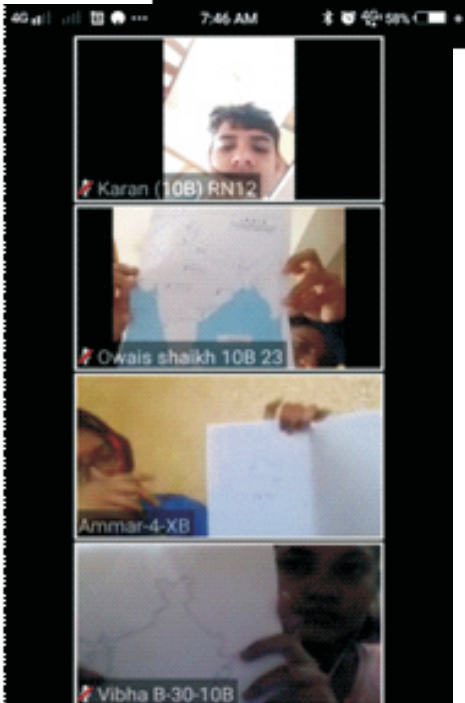
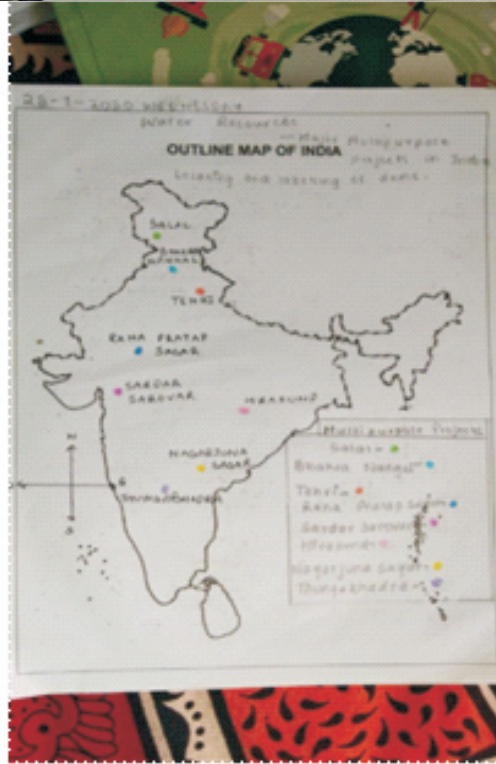
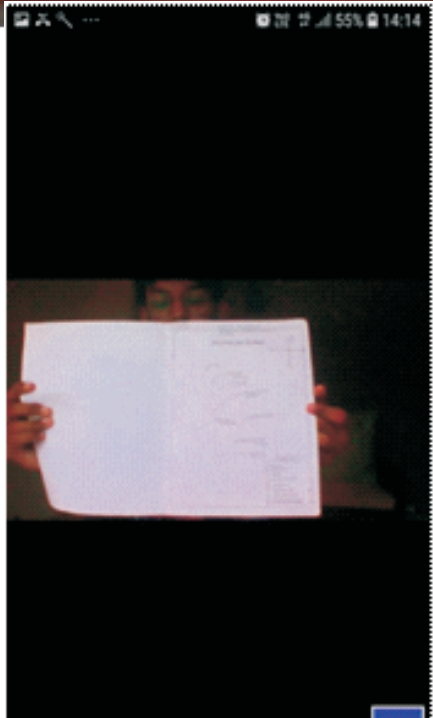
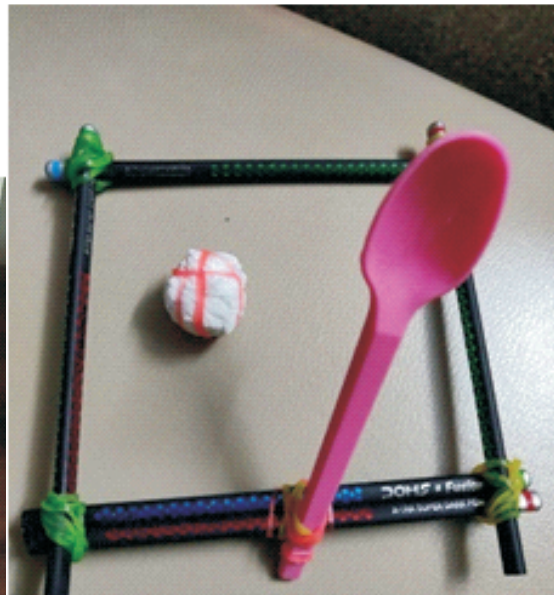
Topic- Parachute making  
Duration-40mins

Description - The aim of the activity is to make parachute with simple material, easily available at home like plastic sheet or polythene, cello tape, scissors, any object as payload.

Learning outcomes-

- What is parachute
- Use of parachute
- Design their own parachute
- Forces acting on parachute

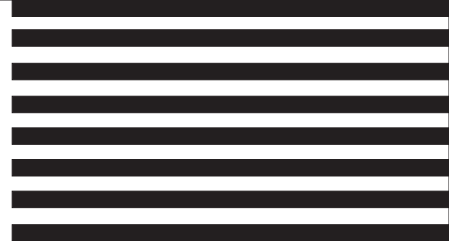
-Stem Lab is a Curriculum Integrated programme involving inquiry, design and problem solving with content mapped. Students of grades 1 to 10 have Stem as part of their curriculum. There are different projects carried out like clay making, cup glider, shadow formation, wind vane, catapult, spinner making, water pump, barometer, parachute making and balloon rocket. Each child is involved individually in doing the activity during the synchronous class which helps them to understand the concept better due to hands on experience.



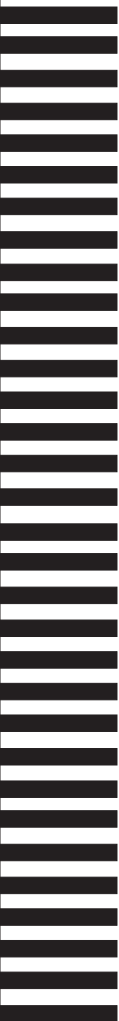
## ONLINE MAP ACTIVITY - MULTIPURPOSE PROJECTS IN INDIA

Using maps makes the task of visualizing complex ideas and situations easy. They provide context and relevance to topics covered in class. Students can form a much better understanding of the scale involved when maps are used. As a part of the e-portfolio activity students of Grade X participated in the Online Map activity (Multipurpose projects in India). Resource map was shared on screen by the teacher. Students referred the map, located and labelled the major multipurpose projects in India.

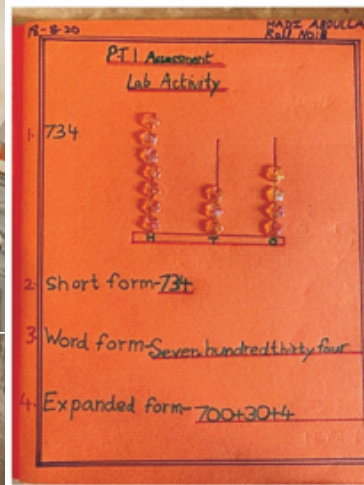
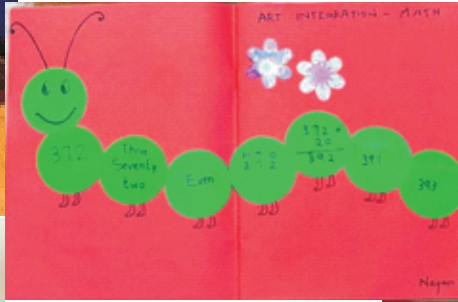
# KNOWING OUR COMMUNITY HELPERS - ROLE PLAY ACTIVITY



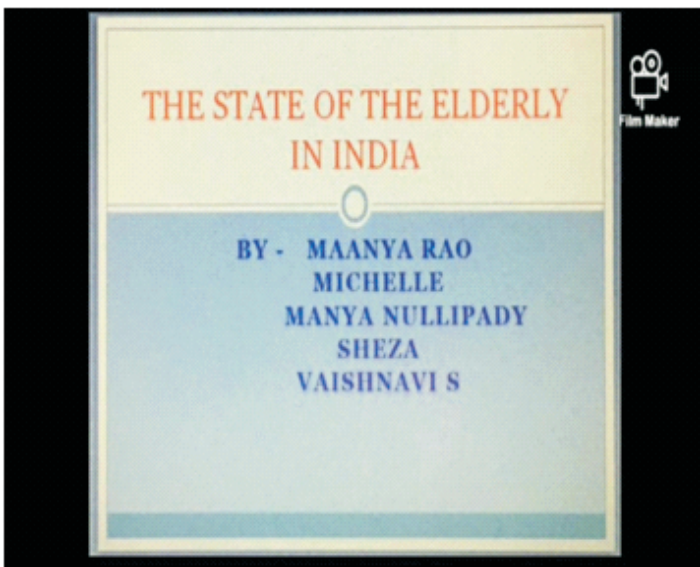
Helpfulness is an important part of good social development, and there are many excellent ways for children to practice being helpful. And what a great way it is to learn about being helpful by having a role play activity of community helpers. Community helpers are people in the community who help others by providing a service. They do many different things to help us every day. They provide us with goods and services. Some examples of community helpers are: doctors, nurses, chefs, bakers, soldiers, teachers, dentists, fishermen, plumbers, firefighters, farmers, etc. Students of Pre-primary and Grade 1 took part in this role play, a virtual activity. While students of Grade 1 presented themselves as community helpers and spoke about the kind of role they play, children of pre-primary made finger/stick puppet showcasing community helpers in the community.



# VIRTUAL ASSESSMENT



Assessments is very important as it helps the teachers to measure and document the academic readiness, learning progress, skill acquisition, or educational needs of students. Though paper and pen assessments are efficient, they might be sometimes boring. We have introduced creative and exciting ways to assess student learning and understanding. This type of assessment is fun and student engaging. It also helps the teachers to monitor and modify their instruction and lesson plans to improve learning outcomes. Project work, lab activity, art integration, oral test, google forms, mock test, quizzizz, aahoot, assignment via google classroom are a few tools and methods used by our teachers to evaluate students. Periodic test was conducted in the month of July and August, where students showed their creativity & subject knowledge to attempt their tests.



## POWERPOINT PRESENTATION ACTIVITY

Presentations are a great way to have students practise language skills such as listening, speaking, reading, writing, vocabulary and grammar. They also build confidence and presentation skills that they might need in their future profession. Students who are good presenters are better communicators, since they are able to structure and express their ideas clearly. A slideshow presentation group activity was conducted for grade 7 students in the month of August. Student groups comprising of 5-6 participants worked independently on the topic - 'The state of elderly in India'. Each student was assigned tasks such as welcome note, introduction, explanation of the topic and conclusion. They researched and prepared the slides for the presentation with voice over to the facilitator who compiled it into one PowerPoint presentation which was then presented in their virtual classrooms using Zoom Platform.

**Problems Faced During Old Age**

- ▶ **Ailments**- In India, the elderly people suffer from dual medical problems, both communicable as well as non-communicable diseases. This is further compounded by impairment of special sensory functions like vision and hearing.
- ▶ **Loneliness**- In India, a country of over a billion people, one in every two elderly individuals suffers from loneliness.

**Problems Faced During Old Age**

- ▶ **Financial dependency**- Most of the elderly in India are financially dependent. The higher financial dependence among the elderly is a reason for the elderly to be depressed.
- ▶ **Elder abuse**- The rising proportion of elderly in India exhibits concern for the well-being of this section of the population. A lot of elderly people face verbal, economic and physical abuse.

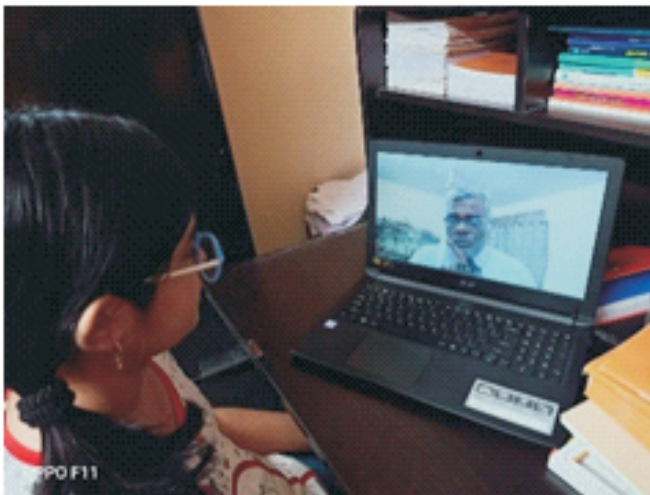
## SCIENCE EXPERIENTIAL LEARNING

-Experiential learning activities help students to apply the knowledge gained during their class. This allows students to practice their skills and understanding about a lesson or subject. Yardstick designs and implements learning programs for children, engaging their keen, inquisitive and imaginative minds via hands-on educational activities. Each lesson has a yardstick designed followed by a worksheet to be completed and uploaded in the website. The activity helps the students to recall all the concepts taught and retain them.



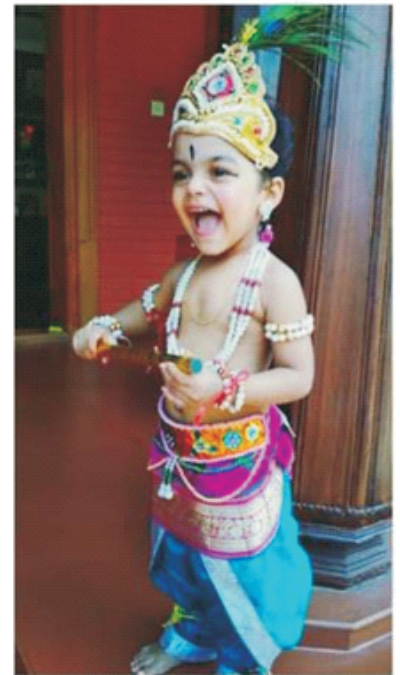
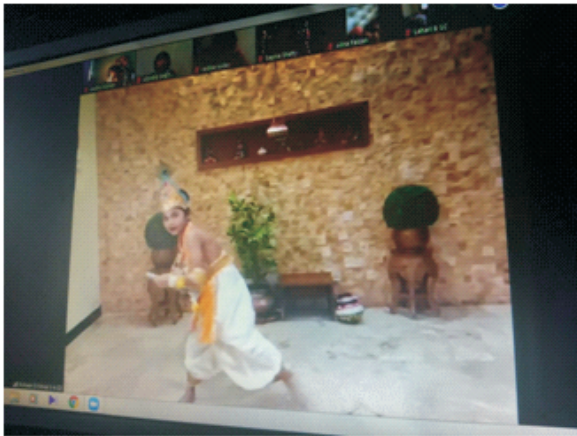
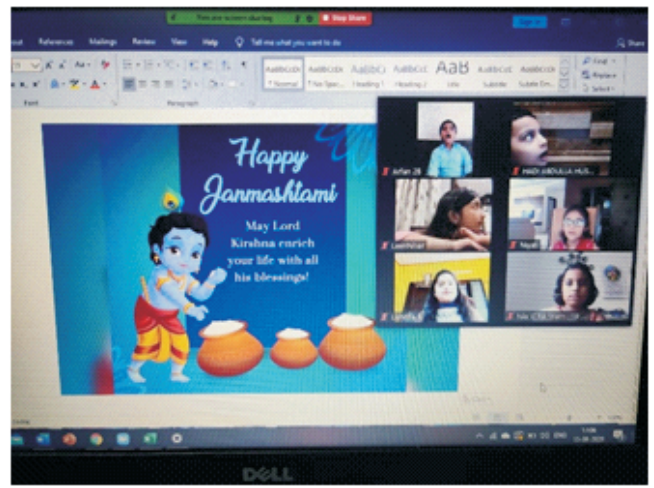
## ORAL HYGIENE DAY

- Oral hygiene day celebrations are held all over the country to commemorate the 'birth anniversary of Dr G B Shankwalkar' who is the doyen of Indian periodontics and also the founder of the Indian society of periodontology. As part of this celebration, multiple programmes were held to spread awareness among the public regarding the importance of oral hygiene in maintaining good oral health. The department of periodontics, under the able guidance of Dr AshitaUppoor and Dr Neetha J Shetty, organized a virtual elocution competition for the students of our school. This competition on 'Healthy Gums, Healthy Teeth' saw enthusiastic participation from the students. Educating and motivating talks were shared by Dr Mranali Shetty, Dr David and Dr SangeetaNayak.



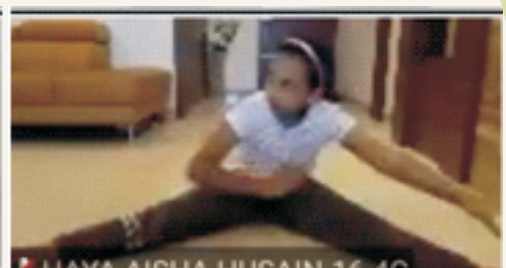
# SHRI KRISHNA JANMASHTAMI CELEBRATION

- A child, a brother, a charioteer, a warrior, a disciple, a guru, a cowherd, a messenger, the beloved of the gopis. Throughout his life, Krishna enacted so many roles—the whole time never forgetting that they were just that, roles, and that his true nature was eternal, ever blissful consciousness. Cultural Education is an essential aspect in the school curriculum. Understanding this importance and glorifying Indian traditions with the young generation Krishna Janmashtami was celebrated virtually with great pomp and festivity by the students of Pre-primary and Junior school on 10<sup>th</sup> and 13<sup>th</sup> of August respectively. Dressed in ethnic attires, students actively took part in dance, skit and sang songs. Few of them dressed up as Lord Krishna and Radha and added a traditional touch to the entire celebration filling the air with joy and festive spirit. Special talks were delivered by teachers and few parents about the importance of the festival.



## VIRTUAL PHYSICAL EDUCATION

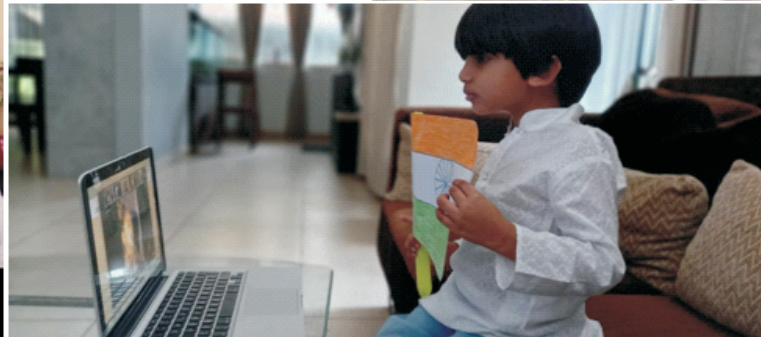
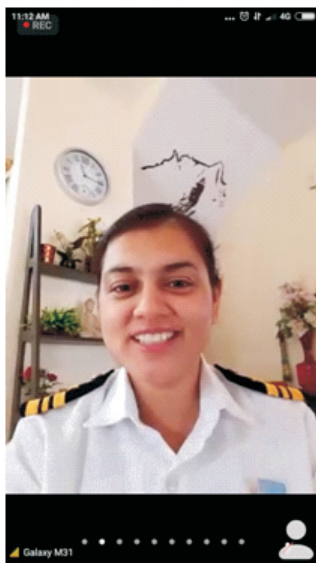
- Locked in their homes during Covid-19 times, it is important that children take the opportunities they can to keep physical activity going. Keeping this in mind, and for the good health and well-being of our students we introduced Virtual Physical Education classes. Every session saw students participating in large numbers. Special fitness training session from FC, Mangalore was also held virtually for students of Grades 7 to 10.



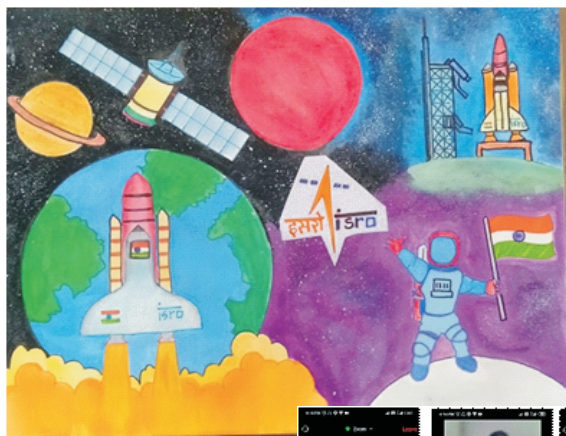
- Manipal School Celebrated 74<sup>th</sup> Independence Day with great fervour on 15<sup>th</sup> August 2020. However, this year it was different as the school assembly area missed the presence of students. Principal, Teachers, Admin staff and the Auxiliary staff convened in the assembly area at school to celebrate this day while our students and their parents joined us virtually through Facebook live stream. The assembled staff witnessed the impressive flag hoisting ceremony after which the flag song or the JhandaGeet was sung in honour of the national tricolor. The song instilled nationalistic and patriotic sentiments in all of us. "Freedom in mind, faith in words, pride in our souls, let's salute our nation on this auspicious day". Students also celebrated Independence day with their teachers, parents and friends virtually in a special assembly. For the



## INDEPENDENCE DAY

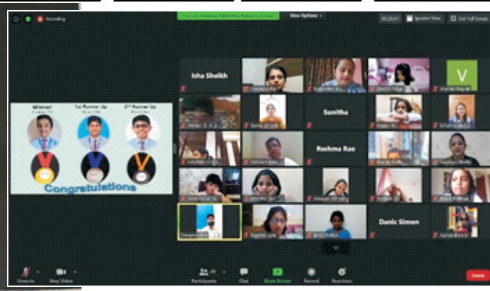
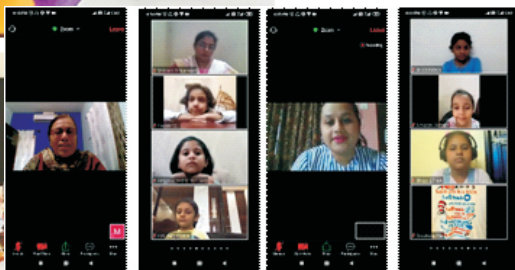


junior school 'Salute India' was the theme for the special assembly. Dressed in traditional attire of different states, children spoke about the diversity in India."The deputy commandant, Indian coast Guard, Mangalore Mrs. Shipra Chaudhary was the chief guest for the virtual special assembly of the Preprimary. Her presence and her gentle words encouraged all of us and radiated a source of energy and patriotism. Children also showcased their talents by introducing them as different freedom fighters of India.



## MANIPAL SCHOOL'S TIRANGAA

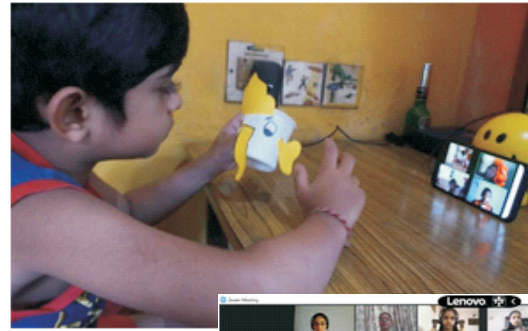
The month of August uplifts our spirits as it is the month where we celebrate our nation's Independence. And also for the students of Manipal school it is because of the arrival of Tirangaa - our intra-school digital platform. The event was established with a vision to let students express their creativity and individuality and a place where they get to exhibit their talents and cultivate a spirit of healthy competition. The theme for this year's Tirangaa - 'Josh deshkekiye' your zeal towards Nation was chosen keeping in mind the role of youth in nation building. Tirangaa this year was different in many ways, it was like a festival celebrated for many days and on a digital platform. The event was inaugurated on the 12<sup>th</sup> of August with an inaugural video. Although there were challenges and limitations due to the current pandemic, we had about 145 enthusiastic participants from various levels taking part in different competitions like fancy dress, patriotic singing, free style dance, collage making, digital poster making, creating a digital travelogue and art. Adding to the new normal was the Virtual Prize distribution ceremony of Manipal School's Tirangaa 2020 which was held over a Zoom session in the first week of September. The winners along with their Parents, Principal, Teachers, Judges and the Tirangaa organising committee took part in this virtual meet. It was a treat to the eyes to see enthusiastic children being lauded for their excellent efforts in various activities.





# GANESH CHATHURTHI:

"The greatness of a culture can be found in its festivals." (SiddharthKatragadda). With the whole world functioning virtually during the Covid times, festive celebrations are also happening in the digital platforms. Students of Junior school and Pre-primary dressed in colourful ethnic wears celebrated Ganesh Chaturthi virtually with their teachers, friends and parents. Children presented dance performances, a skit on "Race around the world" which gave the message to students about respecting and loving their parents. A story was narrated on how Lord Ganesha got his elephant head. Dr Sonia Ajay, a parent narrated the importance of the festival and the ways of celebrating it. Mrs Shreya, another parent sang a beautiful song. She added her soothing voice to cherish our souls. Every class visualised a student who was admirably outfitted in a mask, wig and a dhoti as BalaGanapathi. Students of Prep 1 and Nursery had an activity of making Laddoos, whereas Prep 2 students made paper Ganesha as shown by their teachers. Children along with their parents, participated in this celebration with great splendour and cheerfulness.



## MUHARRAM

Muharram is the first month of the Islamic new year and is considered a holy month, second only to Ramadan in its significance. Muharram begins after the sighting of the new moon on the final day of the Islamic calendar. The 10<sup>th</sup> day of Muharram, called Ashura, is an important day for fasting and special prayers are offered in the mosque. Students of junior school and pre-primary took part in the virtual special assembly. Children presented a lovely skit, and a beautiful group dance which was then followed by teacher's talk and parent talk making it a very interactive session.



# TEACHER'S DAY CELEBRATION ON VIRTUAL PLATFORM

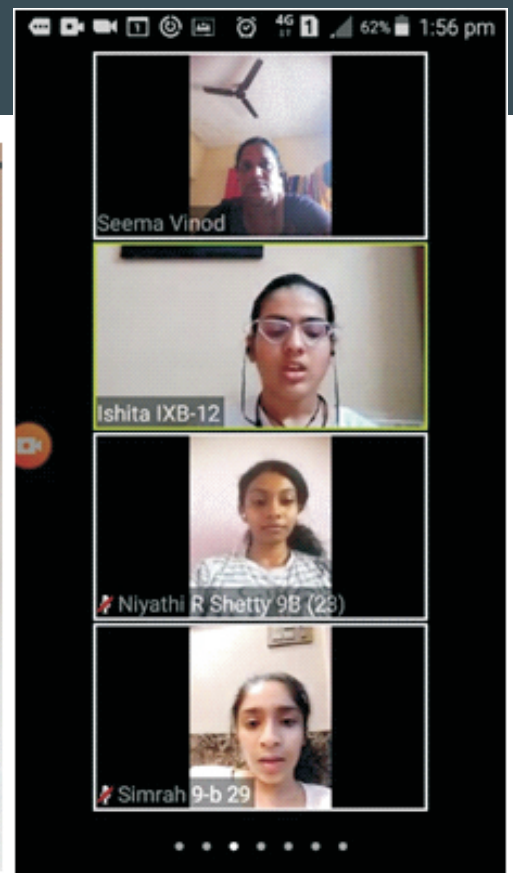
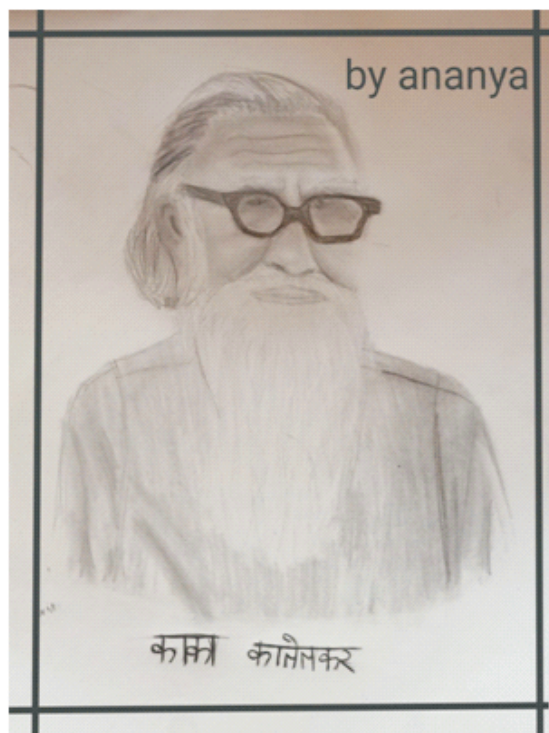


In India, 5th September is celebrated as Teachers' Day as a mark of tribute to the contribution made by teachers to the society. 5th September is the birth anniversary of a great teacher Dr SarvepalliRadhakrishnan. This year teacher's day was celebrated on a virtual platform for two days in the form of Guruvandana organised by Parent Teacher Association on the 4<sup>th</sup> of September. Parent representative of each class across grades along with the other parents planned a special assembly to honour their ward's teachers. The students made greetings cards, videos on YouTube & used Jamboard to write special messages for their teachers making the day a memorable one for all. On behalf of all the parents, the Parent Teacher Association presented a token of appreciation to the Principal and all the teachers of our school. It was an artwork done by one of our parent Mrs. Deepa D Birwa.

The staff committee organised a special program on 5<sup>th</sup> of September following all the safety protocols in the school for the teachers. All staff members took active part on this occasion stirring up a celebration mood. The teachers were also given gift vouchers as a token of appreciation by the management.

## HINDI DIWAS

- Hindi diwas was celebrated on the 14<sup>th</sup> of September in a virtual gathering by the high school students and the teachers. While Manya Nullipady of Grade 7 presented a simple poetry, Advin Sateesh of Grade 10 presented a talk expressing the importance of Hindi Diwas.



## CAREER GUIDANCE PROGRAMME

-School plays an important role in the holistic development of the children and their survival in the competitive world. It has been a custom at Manipal school to conduct personality development sessions for students every year. This year the school organised an online session "Knowing Myself" on the 29<sup>th</sup> of July 2020 for Grade X students. An hour long session was conducted by Dr.RashmiKodikal, a resourceful and innovative professional with 16 years of teaching experience at Post graduate level. She also runs business under the brand name of RKKreations. The session set an example for the students to be hopeful towards their goal and motivated them to discover themselves. School wellness committee also organised another online session on Public Speaking which was held on August 5<sup>th</sup>, 2020 for the students of Grade X. Mrs. RajinaDinesh, a well-known Master of Ceremonies & Soft skills trainer was the resource person. She is currently teaching English at various colleges across Mangalore. She offered a lot of tips to students on how they should begin their talk and how to end it. The session gave students an opportunity to think creatively and present without any fear of public speaking.



## PROFESSIONAL DEVELOPMENT TRAINING FOR TEACHERS

The English teachers from Grades I to V had a very informative and refreshing workshop on Strategies for Teaching Academic English Reading and Writing on the 26<sup>th</sup> of September. This fun filled, interactive session was conducted by Ms. Deepika Agarwal. Teachers were taken through a fresh outlook on how students can be encouraged to develop reading and writing skills in these important formative years. This workshop surely paved the path for the teachers to make their classes more engaging and effective.



- What is \_\_\_\_\_
1. Phonological Awareness?
  2. Phonemes?
  3. Phonics?

## PARENT CORNER

To say that 2020 has been a strange year, is putting it mildly. There was intense fear and uncertainty at the start of the year, but thanks to online classes, some semblance of normalcy returned to homes. A day could finally have a routine, children could meet their friends (albeit via screens) and just for a brief moment, we could all pretend to be busy for a while!

More than Covid-19, I personally struggled with the overpowering onslaught of the digital world into my space. Suddenly, everyone needed their own gadget, children needed e-mail IDs to access Google Classroom, they needed to use Neverskip, there were debates on which platform was better-Zoom or Google Meet and worst of all, my WhatsApp was bursting with messages and instructions day and night. Cashing in on this madness were companies keen to tell you that if your child did not know coding, he/she will never be able to deal with the future.

To all those parents who are scared they are not doing enough, my advice is... cut out the white noise and see 2020 for what it really is- the year when you can finally live simply and live fully!

Satya Reddy, Mother of AmbikaDeviKrishnan and Krishnan Nambiar

## STUDENT CORNER

### 'SCHOOLING FROM JUNE TO SEPTEMBER 2020' by Shikha of Grade 8C

"No one had ever expected that we would have to attend online classes for almost a whole year. And this was all because of a small organism named Coronavirus. Our country had to face many issues and complications, one important aspect being the education sector. When we got intimation from the school about online classes, I was confused about how it is even possible! Many questions and concerns arose regarding this online schooling and finally all the questions were answered and concerns were addressed. Now everything seems to be running smoothly and we are soon going to have our term 1 exams! In addition to curricular activities, extracurricular activities such as 15 book campaign, art, dance and music classes are being conducted successfully. In addition to these, school cultural programmes and national festivals, like Tirangaa, Independence Day, Krishna Janmashtami, Chaturthi, Muharrums are also being observed virtually. Thanks to our school management, the Principal, the teachers and all other supporting staff for making everything easily accessible for us. We are all hoping that soon everything will be back to normal and we will have regular, physical classes to experience our classmates' company and to study in our beloved Manipal School Building again! "